Commoning Action #7: How to initiate perpetual motion / Tree Dancing

1. Walk through a wooded area with a partner.
2. Circle around tree trunks until you have found two close enough to allow you to touch both trunks with arms outstretched.
3. Circle around the trunks keeping one hand on the trunk, then move to the other – you’ll be making a figure of 8 doing this. The first person finding the two trees is to be joined by the other at this point.
4. Keep circling around these trees, occasionally swapping positions. Speed up and slow down. Be mindful of not colliding into one another.
5. At one point extend your free arm out and hold the other person’s hand and gaining momentum, swing out and reach out to another tree.
6. Reverse and repeat this action several times until...
7. …while holding hands with extended arms again, spiral away from both trees, speeding up before letting go and running away and out of sight of the trees.